



OCTOBER 2020 - Menus 10/26-10/30

MENUS ARE SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T				
10-26 Crunchy Cereal Bowl - V Fresh Fruit Got Milk	10-27 WG Strawberry Pocket - V Fresh Pear Got Milk	10-28 Cinnamon French Toast - V Fresh Fruit Got Milk	10-29 Beef Sausage Pancake Sandwich Banana Got Milk	10-30 Manager's Choice Fresh Apple Slices Got Milk
L U N C H				
10-26 Cheeseburger Sliders Golden Hash Brown Patties Very Berry Juice Got Milk	10-27 Turkey & Mashed Potatoes with Mixed Vegetables Cornbread Frozen Mixed Berry Pop Got Milk	10-28 Yellow Submarine Sandwich Crunchy Cucumber Sticks Fresh Pear Got Milk	10-29 Asian Chicken Bites Cabbage & Kale Salad Mixed Fruit Cup Got Milk	10-30 Cherry Blossom Chicken with Rice & Broccoli Frozen Strawberry Cup Got Milk
S U P P E R				
10-26 Cheesy Garlic Bread Celery Sticks Chilled Applesauce Got Milk	10-27 Hot & Spicy Chicken Sandwich Petite Baby Carrots Fresh Fruit Got Milk	10-28 Cheesy Pillow Marinara Cup Sour Watermelon Cup Got Milk	10-29 WG Deep Dish Pepperoni Pizza Sweet Corn Paradise Punch Slush Got Milk	10-30 Fish Nuggets & Corn Crunch & Crave Crackers Fresh Fruit Rice Krispy Treat Got Milk

Posted Rev 10/25/20

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students **MUST** take at least 3 components as part of their lunch.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

Fresh Fruit – Fresh Fruit – Apple, Orange, Banana, Apple Slices **V**: Vegetarian Meals

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